## Ackworth Howard Church of England (VC) Junior and Infant School HOWARD

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Educating 'for life in all its fullness.' Growth in MIND, BODY, SPIRIT

14<sup>th</sup> January 2022

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## **Daily LFT Test Letter**

**Dear Parents/Carers** 

I am writing to advise you that there have been a number of confirmed cases of COVID-19 in Year 4.

We know that you may find this concerning but we are continuing to monitor the situation. Please be reassured that for most people and especially for children and young people, coronavirus (COVID-19) will be a mild illness.

Schools are no longer required to identify close contacts of cases. This will be done by NHS Test and Trace who will call the parents of confirmed cases directly.

However, because the number of cases has met our threshold in this class (5 cases), it is likely that many of these children have been close contacts of a positive case. We would therefore ask you, if possible, to do daily lateral flow tests on your child for the next 7 days. First thing in the morning before school is ideal, but you can test the night before if it is easier for you.

If the LFT is positive then your child will need to self-isolate for 10 days. It is no longer necessary to get a PCR test to confirm the result.

You may be able to end the self-isolation period before the end of the 10 full days. You can take an LFD test from 6 days after the day your symptoms started (or the day your test was taken if you did not have symptoms), and another LFD test on the following day. The second LFD test should be taken at least 24 hours later. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result.

You should not take an LFD test before the sixth day of your isolation period, and you should only end your self-isolation after you have had 2 consecutive negative LFD tests which should be taken at least 24 hours apart. You should stop testing after you have had 2 consecutive negative test results. You should not take any more LFD tests after the 10th day of your isolation period.

For further detail and information please visit https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection.

If the result is negative then your child can attend school as long as they have no symptoms of illness. If they do have cough, fever or loss of taste/smell, then they will still need a PCR test even if the LFT is negative (because LFTs are not very reliable).



Children do not always have the 'typical' symptoms, so if your child is generally unwell and in particular has symptoms such as sore throat, headache, runny nose and sneezing, we would ask you to keep them at home and arrange a PCR test.

If you do not undertake daily testing then please still watch out for possible symptoms of COVID in your child and arrange a PCR test if necessary.

## Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely,

M. walker

Mr M Walker Headteacher

