

Bullying advice



BullyingUK
Part of family lives

Can you give advice on bullying? Read these scenarios and write what advice you would give them.

Feel alone!!

This new girl has come into our group and keeps leaving me out when they go out. The others in our group are now leaving me out too. They are starting to call me names and make up stuff about me. I feel so alone.

Please help me

This boy keeps calling me names all the time and the class thinks it's funny. Now the other kids call me names too. The teachers have heard it and haven't done anything. When I say anything back, they say it's just banter! I feel stressed please help.

Fake profile is not me

Someone has made up a fake profile for me and keeps sharing fake images of me too. They are using my account to bully others and now everyone thinks it is me. I have been threatened and I try to explain it is not me but no-one is listening.

I can't get them to stop!!

There is an older group of kids who wait for me before and after school and are punching and kicking me. They told me if I tell anyone they will come and beat me up at home too. I told them to leave me alone and they just laugh and hurt me more.

Want to disappear :-(

I'm 15 and bisexual, I had a big fight with a friend and she told everyone that I tried it on with her and that I was a lezza. She is now spreading rumours and telling me to kill myself. She has got others to join in too. I just want to commit suicide and feel no-one cares.



#stopbullying
www.bullying.co.uk

THE BEN COHEN
StandUp
FOUNDATION

Developed in partnership with The Ben Cohen StandUp Foundation. Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Copyright © Family Lives 2016 | Image designed by Freepik