Social Action Examples

Litter pick in a local park.	Put your neighbours recycling away.	Collect food tins for the local homeless shelter or charity.	Set up a book collection bin. Collect good children's books and donate them to the local hospital.	Make your own bird feeders or boxes and sell them for charity or place them in community gardens.
Take part in a sponsored activity for a local charity.	Cook a meal for your family.	Offer to walk a neighbour's dog or look after a pet.	Organise a street party with your family.	Offer to wash your neighbour's car.
Collect clothes you don't wear and donate them to the local charity shop.	Collect newspapers and donate them to the local RSPCA centre.	Write a letter to an elderly resident or someone you know in an elderly home.	Make birthday cards to sell for a local charity or send them to local elderly residents.	Offer to do the dishes.
Offer a random act of kindness for someone in school, in your family or a local resident.	INVENT YOUR OWN	Invite your neighbours round for afternoon tea.	Bake cakes to sell for a local charity.	Rake leaves, clean the driveway or wash windows.
Offer to read for a young brother, sister or an elderly friend/relative.	Write to local MP about something in your street or locality which needs addressing.	Offer to do some gardening for your neighbours.	Give some of your old toys to a local children's ward or hospice.	Pick up litter in your local area.